



SECOND STEP CORNER: CHILDREN LEARNING BY PLAYING – Kitzmiller Head Start classmates Terry Sweitzer, Logan Cummings, and Brody Sweitzer (shown from left to right) load up their trucks as they practice working together and sharing. In addition to playing in centers, children in the Garrett County Head Start centers and pre-kindergarten classes are learning through Second Step "brain building" games, a spokesperson said. "Brain builders are active, fun games with specific rules and steps," the spokesperson said. "They give children the message that their brains can get stronger and smarter with practice and effort." Parents are encouraged to ask their children's teachers for more information about brain builder games or other Second Step activities. In Garrett County, Second Step™ is supported by the Community Action Committee, board of education, the health department, and APPLES for Children (Alliance for Parent, Provider, and Local Employer Solutions). For more information about Second Step, persons may call their children's school or Health Education and Outreach at the Garrett County Health Department at 301-334-7730 or 301-895-3111.