



Just
Like You!



“JUST LIKE YOU!” With the premise that children follow adults’ example because they wish to be “just like you,” the Garrett County Health Department and partners urge all adults to be positive role models for children. Adults who model healthy hygiene teach youngsters to eventually perform positive behaviors without being asked. April Gordon is pictured above as she provides a positive role model for her daughters, Samantha, Jaiden, and Alexis, as they brush their teeth together. For more information about the six-month-long Just Like You positive role modeling campaign, and for ideas on how to model healthy behaviors with children, persons may go to CopyCatFun.com. Children can earn coins and win prizes while becoming healthier. The Just Like You campaign is being sponsored by the health department in collaboration with the Garrett County Board of Education and Community Action of Garrett County.